



CIYC 2023 Junior Sailing Program

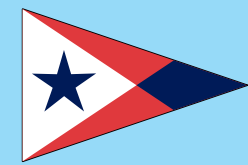
- Classes for Beginners, Intermediate and Advanced, grouped according to skill.
- All instructors are certified by US Sailing, the national organization of sailing, and have First Aid/CPR training.
- For children, ages 8-16.
- Swimming proficiency required.

Science, Technology, Engineering, Arts, & Mathematics Curricula Included

- **Meteorology** – Learn how to predict the weather by reading cloud formations and wind conditions.
- **Tides and Currents** – Learn how the moon affects the tides and currents.
- **Marine Biology and Ecology** – Study animals and plants in tide pools of the City Island marine estuary.
- **Physics of Sailing** – Understand how wind and water interact with a boat hull and sails to make a sailboat move forward.



CITY ISLAND JUNIOR SAILING
63 Pilot St, City Island, NY 10464



CITY ISLAND YACHT CLUB JUNIOR SAILING 2023



Learn to Sail Optis,
C420's and Lasers!



Safe & Fun!

63 Pilot St, City Island, NY 10464
(347) 692-0696
www.cityislandyc.org/JuniorSailing



City Island Yacht Club Summer Sailing Program for Juniors

This summer program teaches young people how to sail. Students learn about the balance of forces in nature, fostering an appreciation of the wonderful world in which we live.

The program is certified by US Sailing and each child receives a US Sailing Certificate of Accomplishment upon program completion. The program is affiliated with the Scouting BSA/Bronx Council, and offers scouts the opportunity to earn the Sailing Merit Badge.

Founded by City Island Yacht Club, this program is dedicated to expanding the sailing community on Eastchester Bay.



MARY von CONTA AWARD

PRESENTED BY THE

JUNIOR SAILING ASSOCIATION
of LONG ISLAND SOUND

TO

CITY ISLAND YACHT CLUB

For exemplary contribution to
improving quality and safety in the
training or instruction of sailors.

City Island Yacht Club has enhanced the effectiveness of its US Sailing Reach STEM Training Program by integrating the lessons into each day of the junior sailing program.



New this Season!

- C420 class, Laser and Opti sailboats
- Racing Team for C420, Laser and Opti sailors
- New Junior Sailing docks

Daily Schedule

Daily schedule subject to change depending on weather conditions.

- 7:45am - 9:00am Optional Extended Care (\$50/week)
- 8:45am - Student Arrival
- 9:00am - 10:00am Landside Instruction/
Rig Boats
- 10:00am - 12:00pm Sailing
- 12:00pm - 1:00pm Lunch
- 1:00pm - 3:30pm Sailing
- 3:30pm - 4:00pm Wash Down/
Put Away Boats
- 4:00pm - 4:15pm Student Pick Up
- 4:00pm - 5:15pm Optional Extended Day (\$50/week)

CIYC New York City Junior Championships

July 10-11, 2023

CIYC Junior Sailing will join with Douglaston Yacht Squadron to host the New York City Junior Championships. Awards will include the John D. Cahill Award for Outstanding Overall Accomplishment and the Corinthian Spirit Award. Open to all members of the Junior Sailing Racing Team. Registration fee required.

2023 Session Dates and Program Fees

Session I	June 26-30 (1 week) Intro and Race Team	Adventure Sailing \$575
		CIYC Members: \$525
		Race Team \$750
Session II	July 3-21 (3 weeks) Race Team and Adventure Sailing	Adventure Sailing \$1725
		CIYC Members: \$1625
		Race team \$2250
Session III	July 24-August 4 (2 weeks) Race Team and Adventure Sailing	Adventure Sailing \$1150
		CIYC Members: \$1050
		Race Team \$1500
Session IV	August 7-11 (1 week) Race Team and Adventure Sailing	Adventure Sailing \$575
		CIYC Members: \$525
		Race Team \$750

Gala Awards Dinner August 17 (additional fee)

Additional Fee Required: Junior Sailing of Long Island Sound (JSA-LIS) Membership: \$75 per child (annual fee).

All program sessions are held at City Island Yacht Club. Participants must bring lunch each day.

50% non-refundable deposit due at registration. Balance due June 1. Scholarships available!

More information and registration form at:
www.cityislandyc.org/JuniorSailing

Contact Us

jrsailing@cityislandyc.org

347-692-0696 (Junior Sailing Office)

Junior Sailing at City Island Yacht Club,
63 Pilot Street, City Island, NY 10464

